

Work

Youth will participate in physical work and vocational training. Youth are expected to develop a strong work ethic. Individual Squads work to achieve program points related to their teamwork, assigned tasks, and attention to personal details, i.e., personal hygiene, room cleanliness, and military bearing.



In addition, each youth will explore and prepare a Portfolio and Lifework Education Plan. This plan includes basic job preparedness skills (resume, cover letters, interviews, etc.), as well as career searches and post high school educational opportunities.

Transition

- ☛ Youth must enter CAP with a complete pre-determined plan to transition into the community
- ☛ Youth's transition plans will include a focus on family re-integration throughout the 90-day program.

Admission Requirements

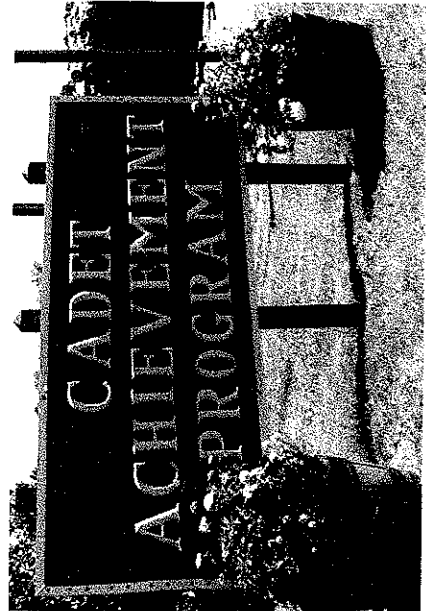
CAP is designed for physically capable youth ages 14 – 18. Youth with primary treatment needs such as intensive mental health, AODA or sexual offender issues should address those needs prior to participation.

Youth can be admitted to CAP as a direct commitment from the county. Direct county commitments must be pre-screened by the Office of Juvenile Offender Review (OJOR) by contacting Al Crevier at extension 1222. Youth should have a significant amount of time on their Dispositional Order to facilitate transitional services upon completion of the 90-day CAP Program.

Youth already committed to Corrections are made eligible for CAP by way of the Joint Planning Review Conference (JPRC).

For more information, please contact LHS Staff at (715) 536-8386:

Al Crevier	Ext. 1222
Terry Timm	Ext. 1255
Jim Severt	Ext. 1339



Cadet Achievement Program (CAP)

CAP is a challenging short-term, cost effective alternative to other DJC programs. The voluntary program uses a modified military model to create a positive, and success-oriented environment. Youth will learn the value of education, consequential thinking, self-discipline, physical fitness, hard work, leadership, teamwork, and community service. It is the intent of CAP to prepare youth for successful family and community reintegration by building on their educational achievements and personal competencies.



Program Components

Youth selected for the program will be involved in structured programming 16 hours per day, 7 days per week for 90 days. All institution components of the program are housed in the CAP living unit and a separate education center. Youth do not typically participate in services and programming with other Lincoln Hills School youth.

Positive ACHIEVEMENT is stressed and celebrated as youth can earn medals and certificates as they advance through the three phases of the program. These accomplishments are formally recognized at the awards and graduation ceremony held every Friday afternoon in CAP.



The Cadet Achievement Program utilizes a military style of operations and training to stress structure, personal development and integrity. Additionally, CAP consists of the following components:

- ☛ Education
- ☛ Juvenile Cognitive Intervention Groups
- ☛ Counseling & career education
- ☛ Military drill & ceremonies

- ☛ Social Modeling
- ☛ Experiential Education (Ropes course, etc.)
- ☛ Outdoor Education
- ☛ Environmental Literacy
- ☛ Life Skills Training
- ☛ Community Service

All CAP staff trained in JCIP utilize these principles in their verbal re-direction and counseling sessions.

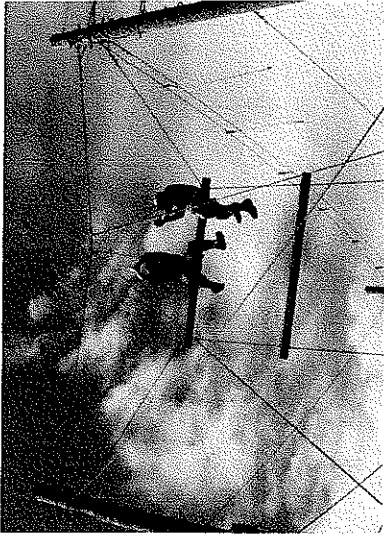
Academics

Education remains the primary element in CAP. Whether it is in a traditional High School Program or in a High School Equivalency Diploma Program, youth will work to excel. We believe a youth's success in the community is related to his success in school. An outdoor education and environmental literacy curriculum is included in the CAP education program.



Living Unit Program

The Living Unit Program is structured after a military model. Squads consist of up to 10 youth who learn to rely on each other as they work through the day. The military model and the attention to detail give the program structure. Respect, integrity, teamwork, and leadership skills are the cornerstone of all activities.



Life Skills

The CAP treatment philosophy targets adolescent criminogenic needs. Improving youth's social skills through positive peer interactions is stressed in the academic and daily activity schedules. Classroom / group activities include the following:

- ☛ Juvenile Cognitive Intervention
- ☛ Victim Awareness
- ☛ Independent Living Skills
- ☛ Self-Esteem

In addition, all youth will complete individual work concerning community re-integration and positive parenting. Individual counseling will also be available in the areas of conflict resolution, sexuality and relationships, and anger management, as needed.

The Life Skills element also contains many experiential activities. The youth will engage in daily team building and problem solving initiatives. In addition, other experiential activities will include: Low ropes challenge course, "Baby Think it Over" simulation for parenting unit, simulated job interviews, and community work site experiences. All youth also participate in a minimum of 1 to 2 weeks of community service.